

MENU (SEPT/OCT 2018)

	LUNCH 1st WEEK	LUNCH 2nd WEEK
SUNDAY	Molokheya with Chicken Rice Sliced Vegetables Fresh Fruit Juice	Macaroni with Bolognese Sauce Sliced Vegetables Fresh Fruit Juice
MONDAY	Margherita Pizza Green Peppers and Olives Fresh Fruit Juice	Margherita Pizza Green Peppers and Olives Fresh Fruit Juice
TUESDAY	Koushary Sliced Vegetables Fresh Fruit Juice	Green Peas with Chicken Rice Sliced Vegetables Fresh Fruit Juice
WEDNESDAY	Potatoes with Chicken in Tomato Sauce Rice Sliced Vegetables Fresh Fruit Juice	Dawoud Basha Rice Sliced Vegetables Fresh Fruit Juice
THURSDAY	Macaroni Bechamel Sliced Vegetables Fresh Fruit Juice	Grilled Chicken Rice Sliced Vegetables Fresh Fruit Juice

1st WEEK: Sept.9-13 / Sept.23-27/ Oct.7-11 / Oct.21-25

2nd WEEK: Sept.16-20 / Sept.30-Oct.4/ Oct.14-18 / Oct.28-Nov.1

